

# Sports Activities for Youth and Teens

480-350-5200 • See page 2 for Code of Locations and Abbreviations

**All City Athletic Conference (ACAC) / After School Sports Program 480-350-5200**-The All City Athletic Conference is a unique partnership between Tempe Elementary School District #3 and the City of Tempe Parks and Recreation. The goal of the conference is to provide an opportunity for students, grades 6th through 8th grade, to participate in a no cut/no fee organized sport(s) representing their school. One game/match per week along with one practice per week.

## Following is a list of sports that will be offered:

Flag Football/Boys	September-November
Volleyball/Girls	September-November
Basketball/Boys	January-March
Softball/Girls	January-March
Basketball/Girls	March-April

## Fall Instructional Baseball Camp 480-350-5267

Taught by former Major League Baseball Players, boys will learn the fundamentals of baseball, get critical instruction on skills and learn old favorite 'sand lot' baseball games (500, work-up, etc) in this exciting program. Designed to improve and build upon baseball skills, participants will also learn useful baseball games they can play anywhere. Location: Duane Dawson Fields/Tempe Sports Complex - Warner & Hardy. Fee: \$50.

BASE-1D	gr. 4,5	Sa	10/02-10/26	8:30-11am	KIWB
BASE-2D	gr. 5,6	Sa	10/02-10/26	8:30-11am	KIWB
BASE-3D	gr. 7,8	Sa	10/02-10/26	8:30-11am	KIWB
BASE-4D	gr. 9-12	Sa	10/02-10/26	8:30-11am	KIWB

**Boys' Fall Competitive Baseball for 11/12 yr. olds & 13/14 yr. olds**-(Age based upon participants age as of July 31, 2005.) Players must be affiliated with a team and have prior approval from coach before registering. This is not an introductory league. The program will emphasize baseball skill training and development, sportsmanship and friendly competition. This league will be played under the philosophy of every child playing at least half the game. Participants need to have prior experience in a league setting. **COACHES' ORGANIZATIONAL MEETING:** Wed. Aug. 18, 2004 @ 6:30pm at the Library Board Room, 2nd floor. League age based on age as of July 31, 2005. No one under the age of 10 yrs. old will be allowed to participate. All coaches must be certified through the National Youth Sports Coaches Association and/or attended the Diamondback/AIA Academy 2004 Training. (Free) Certification/Training available. Parent's meeting: 8/26/04 6:30p @ McKemy Middle School Practice begins the week of 8/23/04 and will vary by coach. Fee: \$45.

Code	Age	Days	Games Begin	Tournament	Location
BASE-5D	11-12yrs	T/Th/Sa	9/21	11/06-11/09	JC/Mantei/TB
BASE-6D	13-14yrs	M/W/Sa	9/23	11/06-11/10	CON/MCK

**LadyHawks' Fall Fast Pitch Softball Program**-Players must be affiliated with a team and have prior approval from coach before registering. This is not an introductory league. This training and development league will be played under the philosophy of every child playing at least half the game. The program will emphasize softball skill development, sportsmanship, friendly competition and fun in an 8-game schedule. Coaches organizational meeting: Tues., 8/19/04 at 6:30pm at the Library Board Room, 2nd floor. All coaches must be certified through the National Youth Sports Coaches Association and/or attended the Diamondback/AIA Academy 2003 Training. (Free) Certification/Training available.

Parent's meeting: 8/26/04 6:30p @ McKemy Middle School Practice begins the week of 8/23/04. Fee: \$45. League age based on age as of July 31, 2005

Code	Age	Games Begin	Tournament	Location
LHAWK-1D	12U	9/21/04	11/06-11/09/04	DALEY/KNW/KSW
LHAWK-2D	14U	9/22/04	11/06-11/10/04	KNW/KSW

**"All City" Small Ball Flag Football Leagues-Fall Program Grades K-3, Boys & Girls-480-350-5200**-This popular seven week program will teach the fundamentals of the game of flag football. Each night will consist of practice and game. Fee: \$30; includes a team T shirt.

FLAG-1D	gr. K&1	T	9/21-11/9	6:15 or 7:15pm	TSC
FLAG-2D	gr. 2&3	Th	9/23-11/18	6:15 or 7:15pm	TSC

**Boys Pre-Season Basketball Camps 480 350-5201**-Kiwanis Recreation Center presents the Boys Fall Break Pre-Season Basketball Camp. This camp will tune up skills for the upcoming season and present fundamentals for new players. Instruction by Sammy Duane, Sr., former Corona del Sol Coach. The camp will feature drills and games to improve shooting and skills. All campers will receive a camp t-shirt. Fee: \$60.

KPSBB1-D	Gr. 1-5	M-F	10/11-10/15	9-10:30am	KRC
KPSBB2-D	Gr. 6-8	M-F	10/11-10/15	10:30-12pm	KRC
KPSBB3-D	Gr. 9-12	M-F	10/11-10/15	12-1:30pm	KRC
KPSBB4-D	Gr. 9-12	M-F	10/18-10/22	4-5:30pm	KRC

**"All City" Flag Football Leagues-Fall Program Grades 4-8, Boys & Girls-480-350-5200**-Don't miss your opportunity this fall to participate in the exciting "All City" Youth Flag Football Program! This youth sports program provides an opportunity for youth in the 4th through 8th grades to represent their schools in a fun, noncompetitive atmosphere. League rules require that all participants play in each game and fundamentals of play are stressed at each practice session. The league diminishes contact and stresses passing, running and scoring. Game time may vary. Teams are coached by volunteers; parents are encouraged to coach. Fee: \$35; includes a team T-shirt.

FLAG-3D	gr. 4&5	T	9/21-11/9	6:15, 7:15, 8:15pm	TSC
FLAG-4D	gr. 6	Th	9/23-11/18	6:15, 7:15, 8:15pm	TSC
FLAG-5D	gr. 7 & 8	Th	9/23-11/18	6:15, 7:15, 8:15pm	TSC

**NFL Gatorade Punt, Pass and Kick Local Competition-NFL** Gatorade Punt, Pass and Kick is a football competition that allows the youth ages 8-15 to showcase their talents in punting, passing and place kicking with scores based on distance and accuracy. "All City" Flag Football participants are automatically registered for this program. Other participants may register at the Parks and Recreation office in the Tempe Public Library, 3500 S. Rural Rd. Participants may only register and compete in one local round of competition. Fee: None. (Age as of 12/31/03) **Note: Boys and girls compete separately**

FLAG-6D	Ages 8-11	Tue, Oct. 19	6:30pm	TSC
FLAG-7D	Ages 12-15	Tue, Oct. 19	6:30pm	TSC

## Upcoming Winter Programs

**"All City" Winter Basketball Program Grades K-8, Boys & Girls**

Season: 1/22/05-3/5/05

Learn or continue to perfect the basics of shooting, ball handling, defense and passing. Separate leagues for K-1, girls 2/3, boys 2/3, girls 4/5, boys 4/5, girls 6, boys 6, girls 7/8, boys 7/8.

Look for program flyer to be distributed to Tempe schools in early November or visit our web at [www.tempe.gov/pkrec/sportspage/](http://www.tempe.gov/pkrec/sportspage/) for complete details.

## -Coming in September -

City of Tempe Junior Championship sponsored by the Tempe Junior Golf Foundation. Call 480-350-5275 for details.

## -Attention High School Seniors -

A limited number of college scholarships are available for high school seniors. For information call Sandy Peters at 480-350-5274.



## Junior Golf Program 480-350-5200

### Challenge Clinics

For ages 6-17 years. PGA professionals tailor instruction to fit each individual. Fee of \$5 per session includes instruction, range balls and tees. If you have golf clubs, bring them; if you don't, we have clubs to loan. Each clinic is open to all levels of ability.

Topics to be covered during each session:

GOLF 1D & 2D	Swing basics, chipping, pitching and putting
GOLF 3D & 4D	Swing basics, grip ball position, stance, 7-9 irons
GOLF 5D & 6D	Swing basics, course etiquette & rules, 3-6 irons
GOLF 1A & 2A	Swing basics, grip, ball position, stance, woods
GOLF 3A & 4A	Swing basics, chipping, pitching and putting

### Pre-registration required.

GOLF-1D	Clinic	Sa, 9/18	1:30-2:30pm	KMGC
GOLF-2D	Clinic	Sa, 9/18	2:30-3:30pm	KMGC
GOLF-3D	Clinic	Sa, 10/16	1:30-2:30pm	KMGC
GOLF-4D	Clinic	Sa, 10/16	2:30-3:30pm	KMGC
GOLF-5D	Clinic	Sa, 11/13	1:30-2:30pm	KMGC
GOLF-6D	Clinic	Sa, 11/13	2:30-3:30pm	KMGC
GOLF-1A	Clinic	Sa, 12/18	1:30-2:30pm	KMGC
GOLF-2A	Clinic	Sa, 12/18	2:30-3:30pm	KMGC
GOLF-3A	Clinic	Sa, 1/22	1:30-2:30pm	KMGC
GOLF-4A	Clinic	Sa, 1/22	2:30-3:30pm	KMGC

## Holiday Programs

**All City Holiday Wrestling Clinic-480-350-5267**-Clinic is structured to teach all participants the basics of wrestling. Other equally important objectives are teaching the values of hard work, honest effort, sportsmanship and respect. The clinic will conclude with a tournament on Friday. Instruction provided by Dave Vibber, Varsity coach of Corona del Sol. Fee: \$30.

WRES1A	Gr. 1-3	Dec. 27-Dec 31	9am	CDS
WRES2A	Gr. 4-6	Dec. 27-Dec 31	10am	CDS
WRES3A	Gr. 7-8	Dec. 27-Dec 31	11am	CDS

Volunteer coaches are needed in the fall and winter youth sports programs. Training and equipment provided. Please call 480-350-5200.

# Outdoor Recreation

480-350-5200 • See page 2 for Code of Location Abbreviations.

**Family Day Hikes-480-350-5200**-All hikers should bring 2 quarts of water, lunch, snack, hat, sunblock, adequate clothes for the weather (raingear) and comfortable hiking boots or shoes. Even good trails are rocky. All participants will meet 15 minutes prior to scheduled time at the Pyle Adult Recreation Center, 655 E. Southern Avenue, on the day of the hike to receive directions to the trailhead. Please come prepared to drive and pay park entrance fees. It is customary to reimburse the driver \$.05 per mile if you choose to ride with someone rather than drive yourself. Sorry, pets are not allowed; working dogs permitted. Register early, hikes are limited to 14 participants. Trail access courtesy of the U.S. Forest Service.

**Walnut Canyon/Fisher Point**-Walnut Canyon is a small national monument located just east of Flagstaff. It is known for the Sinagua Cliff Dwellings at the end of the Canyon. Walnut Canyon stretches for several miles across the Coconino Plateau. This hike will begin upstream from the monument and will let us see the beauty of this small but interesting canyon. We will hike to Fisher Point along part of the Arizona Trail. This area is managed by the Forest Service as a bird nesting area and is known for its wildlife. This hike is seven miles with an elevation gain of 300 feet. Fee: Adult \$14 Youth \$8.  
OH1K-1D 12yrs+ Su 9/19 7am-6pm PAC

**Hidden Valley/Fat Man's Pass**-We will hike the National Trail on South Mountain in Phoenix to Hidden Valley. It is hard to believe as you hike along this trail that you are in the middle of the City. We will enjoy the beautiful desert vegetation along the way and visit the tunnel and Fat Man's pass. The hike is 3.5 miles round trip with a 200 foot elevation gain/loss. This hike is rated leisurely to moderate. Fee: Adult \$10 Youth \$5.  
OH1K-2D 10yrs+ Sa 10/23 8-2pm PAC

**Women's Hiking Group**-Exercise, energize, revitalize! Enjoy the outdoors and female camaraderie. No kids, phones, no hassle! Class will consist of one classroom session, two half-day hikes and one full-day hike. Participants must be in good health. Hikes are easy to moderate. You will need a day-pack, lunch and transportation to and from the trail heads. Optional car-pool. Classroom session and hike will meet at Pyle Adult Recreation Center. Mandatory classroom session Tuesday, 9/21, 7pm. Hike Dates: Saturday, 9/25 Wet Beaver Creek (Sedona area) 7am-4pm; Saturday 10/2, Peralta Trail (Superstitions) 7am-2pm; Saturday 10/9, Woodchute Trail (Mingus Mt.) 7am-5pm. Fee: \$40.  
OH1K-3D 18+yrs T 9/21 7-8pm PAC

## Outdoor Classes and Workshops

**Basic Birding**-Wow! What in the world kind of bird was that? Learn more about that bird and the 530 others that have been recorded in Arizona in Herb Fibel's Basic Birding class. The class includes seven one hour Wednesday evening classroom sessions and three weekend field trips to local birding hot spots. Fee: \$24.  
ORCL-1D Adult W 9/29-11/10 7-8pm PAC

**Black Powder**-Re-live the history of the Civil War days as you learn about black powder and the types of rifles that were used during this period. Three classroom sessions and one session on the firing range. (Range date 10/11) Instructors are certified through the National Muzzle Loading Rifle Association and are volunteers with the Arizona Game and Fish Department. All rifles and materials are provided. Please bring your own ear protection (foam ear-plugs are acceptable) Fee: Adult \$10 Youth \$6.  
ORCL-2D 10yrs+ Th 10/7-10/14 6:30-8:30pm PAC

**Boating Safety Course 480-350-5201**-This class, taught by Arizona Game and Fish, is your passport to the open waterways. Learn about boating regulations, handling boating accidents, code violations, navigation, trailing watercraft and more! Fee: \$5.  
KBS1-1D 12yrs+ T/Th10/19 & 10/21 6-10pm KRC



**Gardening-Create your own Wildlife Garden** **New!**  
**480-350-5201**-Birds, bees and butterflies are attracted to certain plants. Learn which plants provide shelter and food for native wildlife to create and aesthetic and functional habitat in your backyard. Fee: \$10.  
KGAR-1D 18yrs+ W 9/15 6-7pm KRC

**Gardening-Vegetable Gardens 480-350-5201**-Want organic vegetables grown in your backyard? Learn how to plant, fertilize and care for your vegetable garden-naturally. Fee: \$10.  
KGAR-2D 18yrs+ Th 9/23 5:45-6:45pm KRC

**Gardening-Design your own Herb Garden** **New!**  
**480-350-5201**-Learn the basics of herb care and create a working plan of herbs that grow well in the desert. Both landscape and container planting will be discussed. Fee: \$10.  
KGAR-3D 18yrs+ Th 9/30 5:45-6:45pm KRC

**Gardening-Edible Desert Plants 480-350-5201** **New!**  
Did you know that many of the native desert plants are edible? "Cactus Jack" will teach you which plants are edible and you will even sample a few during class. Fee: \$10.  
KGAR-4D 18yrs+ Th 10/14 6-7pm KRC

**Hunter Safety**-Volunteers from Arizona Game and Fish Department will instruct this course. Class will consist of 9 two-hour classroom sessions and a mandatory session at the firing range on 10/9, 7:45am-noon. Participants must be at least 10 years old, families are encouraged to take the class together. Fee: Adult \$6 Youth \$3.  
ORCL-6D 10yrs+ T/W9/14-10/12 6:30-8:30pm PAC

**Rock Climbing and Rappelling**-Basic instruction on fundamentals and techniques of climbing, as well as knot tying and methods of belaying. Adults 18 years+ only. Participants need to arrive 15 minutes prior to class start time to be fitted for shoes and complete waiver form. Fee: \$44.  
ORCL-8D 18yrs+ W 10/13,20,27 6:30-930pm ROC

**Discover Scuba**-For those who think they might like to learn how to Scuba dive, this is your chance to "test the waters". This two-hour workshop will give you a hands-on look at what the sport is all about. You will learn about equipment, safety and certification requirements. Wear your swimsuit and bring a towel, you will be able to get into the pool with an instructor and try out the equipment. Participants need to arrive 30 minutes prior to class start time to be fitted for equipment and complete waiver form. Fee: \$40.  
ORCL-3D 16yrs+ T 9/21 6:15-8:15pm OCP  
ORCL-4D 16yrs+ Th 10/14 6:15-8:15pm OCP  
ORCL-5D 16yrs+ Th 11/11 Noon-2pm OCP

## Juniors Rowing

Junior rowing is designed to accommodate teens from age 13 to 18. The first year of rowing is spent as a Novice rower learning the skills, the mentality and gaining the necessary physical fitness to produce a smooth and stable boat. At competitions, the Novice rowers compete against others in their first year of rowing, effectively leveling the playing field and creating some exciting race opportunities.

After completing the novice year, rowers move up into the Varsity class to improve skills, gain a better understanding of competitive rowing and achieve an outstanding level of physical fitness. Competitions become more challenging and practice is geared towards the racing experience.

**Novice Row-Juniors**-Come join the Novice rowing team and develop your rowing skills in a team sport environment. The novice year focuses on improvement of the rowing stroke and training for racing. Float tests\* will be held on 9/8/2004 and 11/1/2004 at a local pool. Recommended 1-year participation. Fee: \$87.  
OROW-1D 13yrs+ M/W/F 9/8-10/29 3:45-6pm TTL  
OROW-2D 13yrs+ M/W/F 11/1-12/17 3:45-6pm TTL



# Outdoor Recreation

**Varsity Row-Juniors**-Designed for rowers that have completed their novice year, Varsity Row fine-tunes the skills you have learned to create fast racing boats. This course is repeatable. Fee: \$110.  
 OROW-3D 13yrs+ M/W/F 9/8-12/17 3:45-6pm TTL

## • Important note about the float test •

The float test will be held at a local pool (location TBA prior to each class). Students will be asked to float, tread water and/or swim unassisted for 10 minutes. Please come with shorts and a long-sleeve shirt to test in (no sweats please) and a change of clothes. There will be a video presentation on safety and rowing during the float test class session, as well.

## Adult Rowing

Adult Rowing encompasses anyone who is 18 years old or older. Whether you are an accomplished competitive rower or if you have never seen a rowing shell before, we have a class for you.

- Beginners will take the Learn to Row I course to get introduced to the very basics of rowing. Learn to Row II will allow you to improve your newfound skills (or remember your old rowing skills!) and prepare to join the
- Novice Rowing Program. The Novice Rowing Program gives you the opportunity to row as a team, form boats and, possibly, put your skills to the test at one of our local rowing races.
- Fitness/Intermediate rowing focuses on the enjoyment of rowing a shell and getting a great workout in the process.
- Competitive Rowing are for those who have had one or more years of rowing experience. This group focuses on competitive rowing and traveling to regional races.

**Learn to Row 1**-Designed exclusively for first time rowers, this course will lead you through the basics of rowing a four or eight person shell. Safety, boat handling, proper rowing technique and developing fitness are stressed. Participants must be able to pass the 10 minute float test\* and have a basic level of fitness. The first class will meet at a local pool for the float test and safety video presentation. Attendance of the first three classes is mandatory. Fee: \$105.

OROW-4D	18yrs+	Sa/Su	9/11-10/3	7-9am	TTL
OROW-5D	18yrs+	Sa/Su	10/16-11/7	7-9am	TTL
OROW-6D	18yrs+	M/W	9/8-10/4	5:45-7:45pm	TTL
OROW-7D	18yrs+	M/W	10/11-11/3	5:45-7:45pm	TTL

**Learn to Row 2**-Your next step in rowing! The focus is building on the skills learned in Learn to Row I and gaining the confidence and knowledge to progress to Novice Rowing. More emphasis is placed on fitness and precision. *Prerequisite Learn to Row 1.* Fee: \$105.

OROW-8D	18yrs+	S/Su	9/11-10/3	9-11am	TTL
OROW-9D	18yrs+	S/Su	10/16-11/7	9-11am	TTL
OROW-10D	18yrs+	T/Th	9/7-9/30	5:45-7:45pm	TTL
OROW-11D	18yrs+	T/Th	10/12-11/4	5:45-7:45pm	TTL

**Adult Novice Rowing Program**-Completed Learn to Row and you want more? Join rowers like yourself and continue the learning process. This follow-up class to LTR places even more emphasis on skill building and fitness development. Students are encouraged to repeat this course in preparation for advancement to higher levels. *Prerequisite Learn to Row 2.*

OROW-12D	18yrs+	S/Su	9/11-11/7	5-7am	\$115 TTL
OROW-13D	18yrs+	S/Su	11/20-12/19	7-9am	\$82 TTL
OROW-14D	18yrs+	Th	9/9-11/4	5:45-7:45pm	\$50 TTL
OROW-15D	18yrs+	Th	11/18-12/16*	5:45-7:45pm	\$25 TTL

\*No class 11/25/04

**Adult Intermediate/Fitness Row**-For the rower who has completed Novice rowing and wants to gain more experience. Intermediate/Fitness rowing will challenge rowers to improve skills and develop a strong cardiovascular fitness base. 6 months to 1 year rowing experience recommended. This class is repeatable.

OROW-16D	18yrs+	M/W/F	9/8-12/17	5:45-7:45pm	\$165 TTL
OROW-17D	18yrs+	S/Su	9/11-12/19	6-8am	\$130 TTL

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**Adult Competitive Rowing Program**-This course is designed with the serious competitive athlete in mind. Rowers with 1+ years of experience learn and practice racing techniques and strategy. Boat speed and excellence in rowing skills are stressed in this class.  
 OROW-18D 18yrs+ M/W/F 9/8-12/17 5-7am \$165 TTL

**Erg Fitness**-Pilates has nothing on this! Whether you want to hone that competitive edge for the sprint season or if you just want to work off a few winter pounds, this class will supply you with an individualized work-out plan. While there will be mixed experience levels in this class, the workouts will be tailored to the individual. LTR 1 is prerequisite. 5 weeks.  
 OROW-19D 18yrs+ T/Th 9/7-10/7 5:45-7:45pm \$50 TTL

**Sculling Basics**-This class introduces the rower to sculling technique in single and quadruple shells. Instructor recommendation or successful completion of Learn to Row 2 are prerequisite. 5 weeks.  
 OROW-20D 18yrs+ S/Su 9/11-10/10 8:30-10am \$85 TTL

**Advanced Sculling**-Those wishing to continue to improve sculling skills can continue with this class. More emphasis will be placed on boat speed and competitive training. This class is repeatable. 5 weeks.  
 OROW-21D 18yrs+ S/Su 10/23-11/20 8:30-10am \$85 TTL

Register online at [www.tempe.gov/pkrec/](http://www.tempe.gov/pkrec/) or come into the Rio Salado Operations Center at 620 N. Mill or the Tempe Public Library (2nd Level) to register.

## Kayaking

**Beginning Kayak 480-350-5201**-Ever wanted to learn how to roll a kayak? Arizona Canoe and Kayak classes are designed for beginners interested in learning how to paddle and roll kayaks. This 16 hour class teaches you how to fit and select gear, basic strokes, wet exits, bow rescues, Eskimo roll and boat handling technique in preparation for white water or sea kayaking. Bring your swimsuit and towel and prepare to have fun! Kayaks, equipment and PFD's provided. Fee: \$185.

KAY1-1D	16yrs+	Sa/Su	10/16, 17, 23, 24	1-5pm	KRC
KAY1-2D	16yrs+	Sa/Su	11/13, 14, 20, 21	1-5pm	KRC

**Kayaking-Ride the Waves 480-350-5201**-For advanced kayakers to practice, workout, or demo the latest kayak designs and/or equipment. Paddlers must have completed Beginning Kayaking. Fee: \$25.

KAY5-1D	15yrs+	Su	9/19	1:30-4:30pm	KRC
KAY5-2D	15yrs+	Su	10/3	1:30-4:30pm	KRC
KAY5-3D	15yrs+	Su	11/7	1:30-4:30pm	KRC

**Beginning River Kayak**-Ever wanted to learn how to roll a kayak? Arizona Canoe and Kayak classes are designed for beginners interested in learning how to paddle and roll kayaks. This 16 hour class teaches you how to fit and select gear, basic strokes, wet exits, bow rescues, Eskimo roll and boat handling technique in preparation for white water or sea kayaking. Bring your swimsuit and towel and prepare to have fun! Kayaks, equipment and PFD's provided. Fee: \$185.

OPAD-1D 16yrs+ S/Su 9/11,12,18,19 8am-noon AZCK

**Sea Kayaking**-Come out and give sea kayaking a go in this 16-hour course designed for first-time paddlers. Arizona Canoe and Kayak School introduces you to low-risk and fun sea kayaking technique. Learn skills ranging from fitting and selecting equipment and kayaks to assisted and solo re-entry methods. Learn basic skills needed to develop a clean wet exit and Eskimo roll. No prior experience necessary. Kayaks, equipment and PFD's provided. Fee: \$185.

OPAD-2D	16yrs+	M/W	9/13,15,20,22	6-10pm	AZCK
KAY2-1D	16yrs+	Sa/Su	11/27, 28, 12/4, 5	1-5pm	KRC



# Activities for Teens

Activity Dates: Class begins the week of September 13 unless otherwise noted within class description. See page 2 for Code of Location Abbreviations.

## Visual, Performing & Language Arts 480-350-5287

Ceramics See page 20.  
Beginning and Intermediate Guitar See page 21.  
Belly Dance I, II, III See page 21.

**Scrapbooking Camp 480-350-5201**-Spend time with your friends creating a scrapbook to hold all of your photos and memories (please bring your photos for class). The class includes a 12x12 photo album (color of your choice), stickers, colored paper, adhesives, album page protectors and usage of all Scrapbooking tools. Please bring a non perishable sack lunch. Fee: \$67.

KSBK-1D 10-16yrs Sa 9/25 9am-1pm KRC

## General Interest

**American Red Cross Babysitting Course 480-350-5201**-Learn how to properly care for small children, including accident prevention, feeding/dressing and what to do for breathing emergencies. Bring a non-perishable sack lunch. Fee: \$43.

KBB1-1D 11-16yrs Sa 11/6 9-3pm KRC  
KBB1-2D 11-16yrs Sa 12/11 9-3pm KRC

## Health, Exercise & Sports Classes

**Climbers Only for Teens 480-350-5200**-You will build self-confidence while enjoying the excitement and challenge of rock climbing in an indoor, safety oriented environment. This clinic includes climbing, bouldering, rappelling, belaying and safety awareness. Participants need to arrive 15 minutes prior to class start time to be fitted for shoes and complete waiver form. Fee: \$27.

CCTY-1D 11-15yrs Th 9/30-10/21 6:30-8:30pm ROC  
CCTY-2D 11-15yrs Th 10/28-11/18 6:30-8:30pm ROC

**Judo 480-350-5200**-An Olympic Sport, Judo is a form of grappling, throwing and self-defense. Techniques are indicative to many styles of Jujitsu; traditional martial arts for beginning and intermediate students. Sweats are recommended. Fee: Adult \$40 Youth \$20.

EJUM-1D 13yrs+ M 10/11-12/20 7-8:30pm LIB  
EJUM-2D 13yrs+ Sa 10/16-12/18 10-11:30am CRC

**Karate 480-350-5201**-Increase flexibility and strength, relieve stress and have fun! Learn the self-defense art of Hawaii Kenpo from Hall of Fame Instructor Jack Wimbish. Uniform, belt and school patch available first day of class for \$35 (required). New student orientation at 5:30pm on first day of class. This is an on-going program with room for belt rank advancement (there are belt-testing fees).

KKAR-5D 15yrs+ T/Th 9/2-9/30 6-7:30pm \$50 KRC  
KKAR-6D 15yrs+ T/Th 10/5-10/28 6-7:30pm \$50 KRC  
KKAR-7D 15yrs+ T/Th 11/2-11/30 6-7:30pm \$50 KRC  
KKAR-8D 15yrs+ T/Th 12/2-12/16 6-7:30pm \$25 KRC

**Karate 480-350-5200**-Join this traditional martial arts class for beginning and intermediate students. Sweats are recommended attire. Fee: Adult \$40 Youth \$20

EKAM-1D 13yrs+ Sa 10/16-12/18 11:35-1pm CRC

**Martial Arts of the Peaceful Warrior 480-350-5200**-This system of martial arts is based on the principles of jujitsu, karate, aikido and street defensive techniques. Emphasizes the importance of non-violence. Family participation is encouraged. Fee: Adult \$31 Youth \$18.

EKAM-3D 6yrs+ Sa 9/25-11/13 1-2:20pm PAC  
EKAM-4D 6yrs+ Sa 9/25-11/13 2:25-3:50pm PAC

**Martial Arts Advanced 480-350-5200**-Adult \$31 Youth \$18. Permission from the instructor required.

EKAM-5D 8yrs+ Th 9/23-11/18 7-8pm LIB



**Teens Discover Scuba 480-350-5200**-So you think you might like to learn to Scuba dive. Here is your chance to itest the waters! This two-hour introduction to Scuba will give you a hands-on look at what the sport is all about. You will learn about equipment, safety and certification requirements (this is not a certification class). Wear your swimsuit, bring a towel and get ready to have fun! Participants need to arrive 30 minutes prior to class start time to be fitted for equipment and complete waiver form. Fee: \$24.

GTDS-1D 12-15yrs T 9/21 4-6pm OCP  
GTDS-2D 12-15yrs Th 10/14 4-6pm OCP  
GTDS-3D 12-15yrs Th 11/11 Noon-2pm OCP

## Volunteer Opportunities for Teens

Help your community and build a record of community service by volunteering. School-year opportunities exist at the Tempe Public Library, Tempe Historical Museum and more starting in September. For information, call the Volunteer Office.

## Service Groups Wanted!

The City of Tempe is looking for school, corporate and other service groups to help run its special events for the community. For a list 2004/2005 one-time group projects, call 480-350-5190.

## Become a Museum Volunteer!

Either of the following free events is a good way to explore all that volunteers can do at the Tempe Historical Museum, 809 E. Southern Ave.

**Volunteer Kick-off Breakfast**  
Tuesday, September 21, 9 am

**Museum Volunteer Orientation**  
Tuesday, October 5, 9 am

### Be a Buddy Bowler!

Help a special-needs athlete! Volunteers are needed to serve as team captains and to assist bowlers in this special league. Games are played Saturday mornings at AMF Tempe Village Lanes, 4407 S. Rural Rd., September 11-November 20. Call Linda Cano at 480-858-2469.

## Youth Sports Coaches Needed

Love sports and kids? Why not coach a flag football or boys' baseball team this fall? No experience necessary; training provided. Games and practices are held weekday evenings and/or Saturdays. Contact Shane Isabell at 480-350-5222 or Bobbi Jones at 480-350-5267.

**On-going Collection Drives**-There are permanent collection bins in the Tempe Public Library lobby for: Campbell's product labels (redeemed for equipment and supplies for the Youth Library)  
Tuna, peanut butter, small packs of tissues and wipes, hard candies, manual can openers, crackers (used to make emergency kits for community members in crisis and distributed by the CARE7 Crisis Response Team)

## Volunteer Opportunities for Teens

Build a record of community service, gain work-like experience and help your community by volunteering. School-year opportunities exist at the Tempe Public Library, Tempe Historical Museum, and more. For information, call the volunteer office at 480-350-5190.

**High School Service Clubs Wanted!**-Is your high school service club looking for one-time group projects? The City of Tempe needs your help to run its special events. Call 480-350-5190 to request a project list and to sign up.

## Activities for Teens at Escalante

**Escalante Club Brio Teen Nights**-Teens, ages 13-18, will create memories by participating in social events and unique, non-traditional sports activities in a club atmosphere. If you are interested in signing up for these field trips call 480-350-5800.

"As You Wish Pottery"	T	9/28	5-7pm	\$3
Haunted House	F	10/22	5-9:30pm	\$6
AMC Movie Night	Th	11/18	4:30-8:30pm	\$1

**Teen Life Skills**-This class will help young people improve their ability to implement positive character attributes that include trustworthiness, respect, responsibility and citizenship. 4 weeks: 11/16-12/7 Fee: None

ZTFS-1D 13-18yrs T 5-6pm ESCA

**Above the Rim**-Open gym style basketball strictly for teens. Come show us your skills during open play. Play is monitored and timed with a set of rules to ensure positive play. Ongoing: 9/14-1/14. No Class 11/25. Fee: None.

13-18yrs T/Th 4-5:15pm ESCA

**Salsa Dance**-Are you ready to learn Salsa? Come out and pick up some New York, street style Salsa moves. The class will combine basic Salsa steps and shines and the latest Salsa music. This dance is hot...literally, so dress ready to sweat! No previous dance experience necessary. No partner needed. Dance shoes are optional. 8 weeks: 9/15-11/10. No Class 10/16. Fee: None.

ZSSD-1D 10-19yrs W 6-7pm ESCA

**Hip Hop Dance**-Do you want to learn the latest moves so you can groove at the next school dance? Do you just want to come out and have a good time while learning the hottest hip-hop moves? This class will combine hip-hop with the most modern and up to date dance moves. Come join us and have a good time while dancing. 8 weeks: 9/14-11/2. Fee: None.

ZHHD-1D 12-18yrs T 5:30-6:30pm ESCA